



**Supplementary material**

## **Epicardial Adipose Tissue in the General Middle-aged Population and Its Association With Metabolic Syndrome**

**Table of the supplementary material**

Mean Differences (95% Confidence Interval) in Epicardial Adipose Tissue (mm) According to Age Among Men and Women Without Metabolic Syndrome

	<b>45–54 y</b>	<b>55–64 y</b>	<b>≥ 65 y</b>	<b>P for trend</b>
<b>Men</b>				
	(n = 73)	(n = 61)	(n = 26)	
<b>Crude</b>	0 (ref.)	0.90 (0.31–1.49)	1.74 (0.97–2.52)	< .001
<b>Multivariable adjusted model*</b>	0 (ref.)	1.07 (0.47–1.66)	1.90 (1.12–2.69)	< .001
<b>Women</b>				
	(n = 124)	(n = 75)	(n = 29)	
<b>Crude</b>	0 (ref.)	0.68 (0.17–1.18)	1.58 (0.87–2.30)	< .001
<b>Multivariable adjusted model*</b>	0 (ref.)	0.67 (0.17–1.17)	1.54 (0.86–2.22)	< .001

\*Adjusted for sex, smoking, body surface area (tertiles), C-reactive protein (dichotomous), overweight, obesity, and waist-to-height ratio (dichotomous).